

Multiple Intelligences Worksheet

Complete each section by placing a number 1, 2, or 3 next to each statement which you think applies to you:

- If you think that the statement STRONGLY describes you, score it 3.
- If you think the statement MOSTLY describes you, score it 2.
- If you think the statement **SOMEWHAT** describes you, score it 1.
- If you think the statement does NOT describe you, then leave the space blank.
- Then, complete each section by adding up the total score.

Section One
I think I know a lot of words and/or enjoy learning new words.
I remember things when I read or make notes.
Telling or writing stories or poetry is pleasurable.
I like to learn foreign languages.
I find that I read for enjoyment most days.
I am good at word puzzles such as crosswords and anagrams.
Total score for section one

Section Two
One of my favorite classes at school is/was math.
I can easily calculate sums in my head.
Logic puzzles are fun and a strength of mine.
I like to solve problems in a logical, step-by-step manner.
I enjoy playing strategy games such as chess.
I like to organize my things into logical categories.
Total score for section two

Section Three	
I like to sing or play a musical instrument.	
I cannot imagine a day going by without having listened to music.	
I pick up rhythms very easily.	
I know when a person or instrument is out of tune.	
I remember song tunes and lyrics easily.	
I prefer to watch a musical rather than a play.	
Total score for section three	

Section Four
Art is one of my favorite classes.
I have a good sense of direction and like map reading.
Doing puzzles or construction-type toys is one of my hobbies.
Fashion is something I notice and care about.
I like to play videogames.
I remember images and faces easily.
Total score for section four

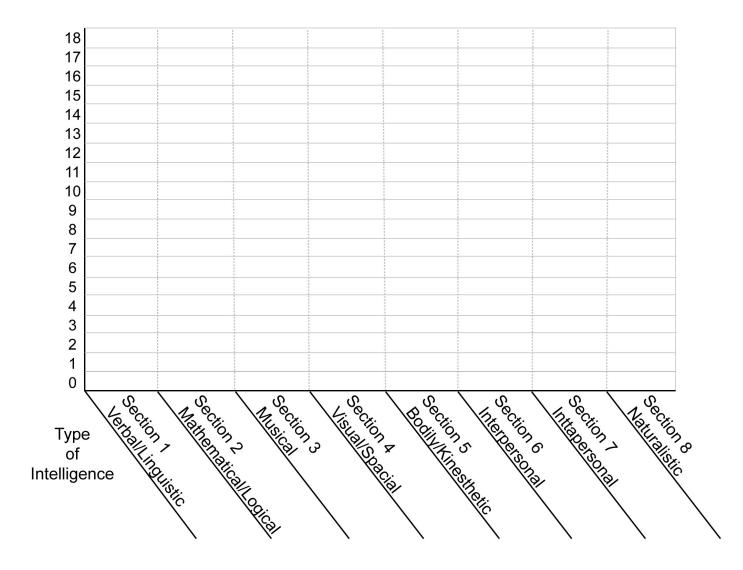
Section Five
Exercise is an important part of my life.
I love playing physical games.
I think I have good balance and coordination.
Arts, crafts and hands-on activities appeal to me.
I enjoy watching sports games or seeing dancers perform.
I would rather play a sport than read or study.
Total score for section five

Section Six
I have a large group of friends and think that I am well liked.
My friends come to me if they are upset.
I would rather be with friends than be by myself.
I work best in a group or team setting.
I care about what is happening in the world.
Meeting new people is fun for me.
Total score for section six

Section Seven	
I would rather work alone than as part of a group.	
I am good at formulating and analyzing my own theories.	
I enjoy writing my thoughts in a journal.	
Spending a lot of time playing computer or video games alone is fun for me.	
I have deep personal and moral beliefs.	
I am confident of my own abilities and work well without direction.	
Total score for section seven	

Section Eight
I love playing with my pets or wish I had pets to play with.
I love to spend a lot of time outside enjoying nature.
When I grow up, I think I would like to work in a nature or animal related field.
Protecting the environment by recycling, conserving water, or exploring alternative sources of energy, etc., are things I believe in.
I enjoy gardening and have or would like to have flowers or vegetables to take care of.
I enjoy visiting zoos, aquariums and wildlife parks whenever I have time.
Total score for section eight

Plot each score as a bar chart. Color in the blocks up to your total for each section. You should score between 0 and 18 for each section.



Make a note of your highest scoring intelligences. Now look at the "Results" section of the article to read all about your intelligence profiles, strengths, and learning styles.